

# AUSTRALASIAN GOOD TIDINGS

E-NEWS – May 2016 #50

## New Zealand Camp 2016

EPWORTH CAMP, HORA HORA, NZ

APRIL 24 – MAY 1, 2016

The theme for this camp was 'Making Eternity a Priority', vitally important to all of us in these last days. We looked forward to the presentations on 'The King is coming', 'What are you doing with your life?', 'A life-changing experience', 'Redirecting your life', 'Preparing for Heaven', 'Opening the heart to Jesus', and 'Reprioritising'.



**Sunday, 24 April**

This was a busy day – my husband William and I set off for the Avondale Produce Market with Sis Richel Pedrosa at the bright hour of 7.30am, armed with a huge list. We visited many interesting stalls, where we tasted and conferred on the best vegetables and fruits, not

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to mention freshly-made tofu! The rain descended but didn't deter the volume of people trundling through with their bags and trollies. Many trips later to the vehicle we headed back to the New Lynn Church. Later in the evening we picked up Bro Paul Chapman, then later Jared and Angellicar (Gee-ann) and their four-year-old son Stephen Kyle from Auckland Airport. Kyle found a special friend, William, who tried rocking the jet-lagged little boy to sleep, to no avail...

### **Monday, 25 April**

Off to camp. Our motor-home became the camp trailer, with every available inch taken up with camp produce. William and I arrived at 3pm; the others soon followed. Epworth Camp is in beautiful surrounds; the grounds border on the headwaters of Lake Karapiro, with huge old oak trees and a walnut, displaying their autumn colours. Lake Karapiro was formed in 1947 by damming the Waikato River to store water for the Karapiro hydroelectric power station. The lake is regarded as one of New Zealand's best rowing venues, where New Zealand Olympic rowers train. The area is a wealthy dairy farming and horse stud district. Nearby Mt Maungatautari (797m) is covered in dense native bush and is a popular view point.



The camp is well set up with many rooms, family lodges, ablution blocks and a well-ordered kitchen with huge walk-in chiller and a massive mixing machine, which was put to good use later! Lots of organization followed: loading the chiller, stocking the pantry and sorting out a late dinner.

### **Tuesday, 26 April**

This day was set aside for the NZ Field Delegation (AGM) Meeting; so others arrived, and those who were not needed there were consigned to cooking duties! Nonetheless Richel and I were up in the kitchen by 5.30am, followed by William and Jared, to set up breakfast. Jared and Gee-ann were mystified and delighted with all the intriguing flavors of NZ fruit – feijoas, 'kiwis', even dried blueberries--and enjoyed the new season apples and pears! Brother Paul Chapman was of much help during the delegation meeting – a very long day, finishing for the attendees at 6pm. The day flew, as

we also needed to make a run to Cambridge for a simcard for Gee-ann, more groceries, and hats/gloves for the visitors as temperatures were decidedly colder than the Philippines.

After a delicious tofu stir fried lunch and the regular worship held by Brother Arnaldo Pedrosa at 6:00pm, a couple of enjoyable hours were spent making 'sausage rolls' (over 300) to be chilled and cooked as needed. Many hands made light work!

### **Wednesday, 27 April**

Wednesday was set aside for the field board meeting, although it didn't commence until 12:00 noon and finished just after 3:00pm, with dates and events set for the coming year. At 7:00pm Brother Pedrosa spoke on Matthew 7:13 – do we want to walk on the broad way ('all roads lead to Rome') or the strait, narrow way. The hall for meetings was huge; it was cold and echoed, so a decision was made to hold the following meetings in the smaller room adjacent to the kitchen. That night was another late one, making spring rolls

– again, many hands were available to help, all under the watchful eye of Sister Richel. Many unique shapes and sizes of rolls!

#### Thursday, 28 April

Sister Winsome Latimer took the morning worship, entitled 'Eternity and Life'. Brother Chapman spoke on 'The Latter Rain' with 'Ten Times the Power'. *"You are getting the coming of the Lord too far off. I saw the latter rain was coming as suddenly as the midnight cry, and with ten times the power."* Spalding & Magan Collection, p. 4:3.

At 7:00pm two cars left to pick up five students from Elim Missionary College, who had flown in to Auckland Airport – lots of laughs in our car, getting to know Guerlyne, Wendy and Lily. Bro Arnaldo and Sister Richel had picked up Serban and Roxanne. By 12:30am we were finally back at camp with tired and cold visitors, but after smelling hot soup and herb bread they decided food was the first priority! Unfortunately, they had not been able to bring bedding, and their first night in NZ was a little chilly as the heaters in the room switched off on the hour...brings to mind **Ecclesiastes 4:11** *"Again, if two lie together, then they have heat: but how can one be warm alone?"*! This was sorted out the next day!

#### Friday, 29 April

At 9:15am Bro Serban Ionita took the message on 'What is the glory of the Lord?'-- discussing what is the glory (His goodness/character), where can we find the glory, and what do we need to see? (Jesus who gave His all on the cross of Calvary).

#### Sabbath, 30 April

Brother Jared (Philippines) led morning worship and emphasised if we want to hasten the coming of our Lord, we will make eternity our priority. 'If we would be saints above, let us be saints below.' We need to give ourselves to God and be emptied of self.

Sabbath School was then opened by Sister Richel Pedrosa and Sister Tapetu Wilson, after which Sister Guerlyne reviewed last week's lesson, and Sister Lily led this week's lesson.

The Divine Service was led by Brother Paul Chapman with 2 Corinthians 2:14 in mind – Steps to Christ, p. 68: *"Now thanks be unto God, which always causes us to triumph in Christ, and maketh manifest the savour of His knowledge by us in every place."* Brother Chapman discussed in view of eternity, what should we be doing today? What is this savour? We heard from Steps to Christ, p. 58: *"In the matchless gift of His Son, God has encircled the whole world with an atmosphere of grace as real as the air which circulates around the globe."* Jesus was the fulfilment of this sweet smelling savour (Ephesians 5:2) God now uses His people to manifest that sweet savour. Like it or not, we have an influence on the person next to us for good or for evil – and the question was, are we imparting to others a sweet savour of Christ? This was most thought-provoking and sobering.





A delicious lunch was shared by all, including visitors for the day. Sister Richel had throughout this camp put much effort into putting at least 50% raw food on the tables – we were blessed to have such healthful food, all of which was obviously enjoyed by all. As explained above, the kitchen boasted a huge mixer which was put to good use, turning out huge amounts of herb pull-apart bread, fruit braids and loaves (William), cinnamon rolls (Adelaide) and a giant banana cake (Corin). Well done, all!



Following lunch, we all walked down to the pool, where we were privileged to witness Brother Eric Wilson make his profession of faith, and was baptised by Brother Pedrosa. Sister Jessie Paddison also wished to be re-baptised, and it was a wonderful occasion, seeing these two dear people braving the cool temperatures to commit themselves to our Lord.

The Young People's Meeting was held, led again by our friends from Elim Missionary College, with a fun time matching up biblical names; then a slideshow where we saw

many interesting and touching pictures of a health mission they had been involved in, in Africa. Sister Corin organised and led a baby photo identifying 'competition' – many lovely old photographs were shown.

The day finished with a time of sharing talents – in song and poetry, with an international theme; many ethnic groups were represented. Over 50 people enjoyed this wonderful Sabbath, and it was great to catch up with old friends.

### **Sunday, 1 May**

Brother Arnaldo Pedrosa led worship in the morning, opening with a story on Jonathan Edwards, the famous revival preacher, and the heritage he left to his 1000 descendants. He discussed our heritage (Acts 7: 2-5 – Abraham had no heritage on earth; Hebrews 11: 15-16 – we too desire a better country). We must dwell as pilgrims and strangers here if we would gain "*a better country, that is, an heavenly.*" Patriarchs and Prophets, p. 170. *'Christ communicates the current of spiritual strength to every believer. So long as the soul is united to Christ, there is no danger that it will wither or decay.'*" The Desire of Ages, p. 676. God has our names in the books of heaven, engraved on His hands.

We must take hold of that long line of victorious examples in God's word and throughout the ages and claim that wonderful promise: "*Beloved, now are we the sons of God, and it doth not yet appear what we shall be, but we know that, when He shall appear, we shall be like Him, for we shall see Him as He is. And every man that hath this hope in Him purifieth himself, even as He is pure.*" 1 John 3:2, 3.

On this wonderful hope camp was closed. Many thanks to all who made this week possible – the speakers, our friends from America, those who looked after the children, those who contributed around the camp in various ways and in the kitchen, with donations, but most of all with their presence and prayers.

Contributed by Sister Kathy Thirkettle, NZ Field's sweet writer.

For more photos: [www.sdarm.org.au/?p=11549](http://www.sdarm.org.au/?p=11549)

# Foundations of Manhood - WA Field Men's Camp

**May 20-22, 2016**

“Watch ye, stand fast in the faith, quit you like men, be strong. Let all your things be done with charity.” 1 Corinthians 16:13, 14.

The bush called us, and the men and boys of WA Field gathered together from May 20-22 at a beautiful forest a few kilometres south of Dwellingup. It was muddy, the weather was very cold, and it rained most of the time we were there. A cold front was forecast, and it certainly did come and hit us with wind and



rain, especially at night when our noses and ears were sacrificed to the cold. We even got a little hail. But we loved it. We huddled under a gazebo or around the fire, and we often thawed out during our discussions.

Frozen figures or not, we loved our fellowship, and the conversations on topics relevant to our experience was especially profitable.

The first topic we considered was “Personal Integrity” taken by Chris Newman. This was an excellent start to the camp and valuable lessons were learned. He that is faithful in the least





is also faithful in much – integrity means to adhere to a strict internal code of morals and having the discernment to know the difference between right and wrong. Over and over we arrived to the basic conclusion of how vital it is to have a change of heart through the Spirit of Christ.

The next topic was taken by Manuel Bellina on “The Battle of the Sexes or the Perfect Team”. How are we to view the patriarchal system of governance seen in the Scriptures? Are the roles of a man and woman interchangeable? Here we also explored questions such as if complementarianism is Biblical. We also looked at the concept of egalitarianism and discussed a little of the origins and influence of feminism.



Space is too short to comment on each topic but others, including Luke Kneebone, Nathan Tyler (who was visiting us from VIC), and Hayden Wiseman led out in interesting discussions on topics such as, “Commitment to Christ & His Church”, “How to Love Our Wives”, “What Does It Mean to Lead” and “Moral & Sexual Purity”.

On Saturday night, we had alarming news as we found out one of the daughters of Jacques Payet was ill in hospital. We kept praying for Amariah and our hearts were with Jacques and his family as he left us and went to be with her at hospital. We praise God that Amariah is now much better and is at home with her family recovering.



On Sunday morning, a group of us enjoyed a fresh mountain bike ride up and down a 12km bike trail in the mountains not far from our base. It was absolutely beautiful. The challenge was hard but invigorating. Later



that night, we took off four wheel driving in Luke's car. Six of us packed like sardines into a very bumpy ride.

This was the first time we ever had a men's only camp, and it was well worth it. Our wives and little children were very much missed. It will be the women's turn soon, but I hear they are renting a beautiful heated/air-conditioned house. Smart move.

~ Gerson Robles



Photos courtesy of Gerson Robles

For more photos: [www.sdarm.org.au/?p=11530](http://www.sdarm.org.au/?p=11530)

# New Zealand Church Renovations Appeal

## NZ church building repairs needed

As time goes by, buildings need to be repaired and maintained in order to continue their usage. Our centre in Auckland is no different; the time has come that many things need to be fixed or replaced on the building. Due to a small membership there, funds are very limited, so we ask if you can please find it in your heart to join the Australasian Union Conference (AUC) and donate towards the church renovations; we would be very grateful for any donation made.



Here are excerpts taken from a letter sent to the AUC by our New Zealand Field Leader, Brother Arnaldo Pedrosa:

*“We would consider that our church in Auckland, where we have a church building for worship, is the strength or force of the NZ Field. It is pleasant to see and know that there are souls that God brought to our church that show their interest in the work and are joining in the meeting for the Sabbath.”*

*“In the previous two years, we had renovated the floor of the kitchen and the entrance of the church building. In addition, we had changed the cover of the kitchen chairs. It almost exhausted the present building fund. But then again there are still many types of work to be done for the building, e.g. painting, repairing the front wall of the building, changing the curtains, upholstery of the church pews, etc.”*

To donate please mention **“NZ Building Repair Appeal”** on your envelopes or direct deposit reference. Below are details for Direct Debit Deposit:

**Name:** Reform Movement  
**BSB:** 032-274  
**Account:** 168 675

You can also call +61 2 9627 7553 for credit card payments or further assistance.

We pray you find it in your hearts to give generously. Thank you in advance for your prompt attention to this matter and your kind donation.

~ AUC Secretary

For more photos: [www.sdarm.org.au/?p=11519](http://www.sdarm.org.au/?p=11519)



## Now I'm 80

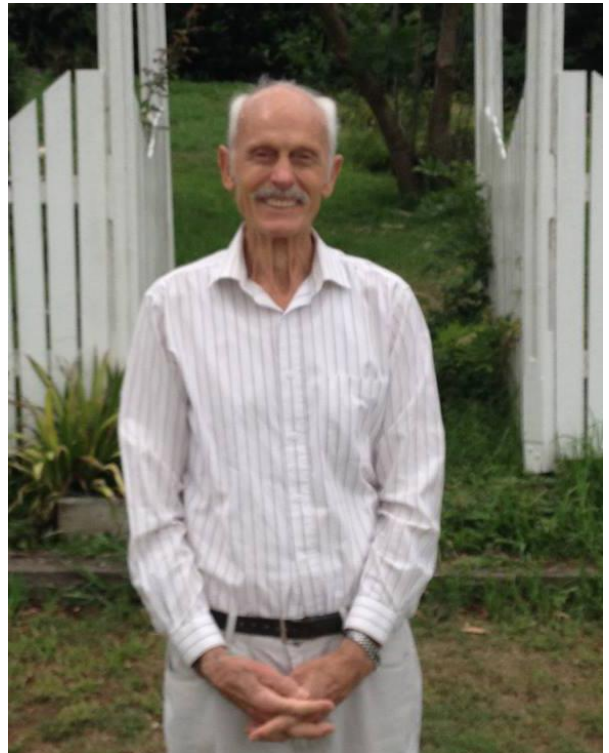
### Mervyn Southwell

Sister Elizabeth Brittain wishes to dedicate this poem to her brother Mervyn Southwell, who reached the ripe 'young' age of 80 on the 26<sup>th</sup> May 2016!

Congratulations on this special year of your life Br. Mervyn. May God continue to bless you throughout the coming years!

### Now I'm 80

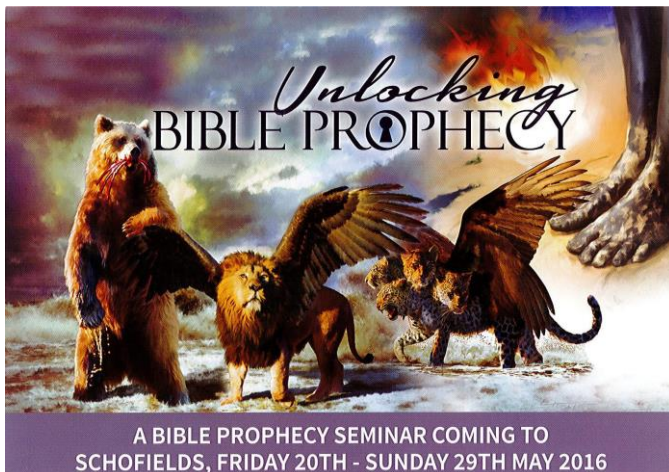
To-day Dear Lord I'm 80, and so much I haven't done,  
I hope Dear Lord you'll let me live till I am 81;  
But if I haven't finished all the things I want to do –  
Would you let me stay awhile until I am 82?  
There are so many places I'd so much like to see  
Do you think you could manage to make it 83?  
The world is changing fast and there's so much to explore,  
Do you think you could manage to make it 84?  
And if my doctor tells me that by then I'm still alive  
It would be super, good Lord, to live to 85.  
Then maybe you'll go further and let me choose and pick  
And I'll be grateful Lord if I can last to 86.  
The Scripture tells us often of the joys of reaching Heaven,  
But maybe you'll grant me one more, the joys of 87.  
By then Lord – I'll age, maybe totter! Be slowed down, and sometimes late  
But even then I'll have seen that life is rich at 88.  
Each day on earth is precious so I'm asking one more time,  
Please Lord with your permission could I try for 89  
Whatever years are granted me, whatever is my fate  
I'll pray throughout them all, that we'll meet at Heaven's Gate.



~ Author Unknown  
Submitted by Elizabeth Brittain

*"The days of our years are threescore years and ten; and if by reason of strength they be fourscore years, yet is their strength labour and sorrow; for it is soon cut off, and we fly away." "So teach us to number our days, that we may apply our hearts unto wisdom." Psalms 90:10, 12.*

# Prophecy Seminar – Sydney NSW



## Unlocking Bible Prophecy

Schofields - 20-29 May, 2016

A Bible Prophecy Seminar was held at the Schofields Church function Hall over two weekends during May. The meetings started Friday night, May 20, and finished Sunday, May 29.

These meetings can be watched on YouTube on the following links:

Friday, 20<sup>th</sup> May, 7:30pm "Glory Laid In The Dust" by Br. Domenic Polistina.

<https://www.youtube.com/watch?v=xes1z6fl1nA&feature=share>

Saturday, 21<sup>st</sup> May, 11:00am "Right On Schedule: The Coming Global Kingdom" by Br. Larry Ah-ching.

<https://www.youtube.com/watch?v=RunTRyRZDY0&feature=share>

Saturday, 21<sup>st</sup> May, 2:00pm "Who Is The Man Of Sin? How Will This Affect Me?" by Br. Peter Lausevic.

<https://www.youtube.com/watch?v=ZelqwbL3nxk&feature=share>

Sunday, 22<sup>nd</sup> May, 5:00pm "The Time Of The Promise Revealed" by Br. Peter Lausevic.

<https://www.youtube.com/watch?v=X0NTvG3abc&feature=share>

Friday, 27<sup>th</sup> May, 7:30pm "Religious Freedom, America And You" "The Great American Dream" by Br. Peter Lausevic <https://www.youtube.com/watch?v=HurfPAVTwro&feature=share>

Saturday, 28<sup>th</sup> May, 11:00am "The Final Call" by Br. Peter Lausevic

<https://www.youtube.com/watch?v=OCTdpyrv77k&feature=share>

Saturday, 28<sup>th</sup> May, 2:00pm "What Christ Said About His Own Return" by Br. Larry Ah-ching.

<https://www.youtube.com/watch?v=FuRoF-2JHVA&feature=share>

Sunday, 29<sup>th</sup> May, 5:00pm "Preparing To Meet The King" by Br. Domenic Polistina

<https://www.youtube.com/watch?v=wobSMYwErOI&feature=share>







## Guildford Vegetarian Cooking Class - WA



**EASY. TASTY. HEALTHY. VEGETARIAN COOKING DEMONSTRATIONS**

Find us at - [www.facebook.com/thevegetarianway](http://www.facebook.com/thevegetarianway)  
Register to secure your seat.

**FUN | FOOD | LEARNING | FREE**

**Demonstrations will include:**

- Step-by-step instructions on how to cook a healthy meal.
- *Short talk on "Foods That Heal"*
- Food samples!
- Free blood pressure checks!

**Sunday May 15, 3-5pm**  
6 James Street,  
Guildford.

**BOOKING IS ESSENTIAL**  
**PH: 0433 283 135**  
or email: [cathrobles@gmail.com](mailto:cathrobles@gmail.com)

The theme for the cooking class was "Foods That Heal". Advertising was done via door knocking, flyers and Facebook, and we were blessed with a good number of visitors.

Jason Williams presented a short talk on the theme of the class, and one of the things we learned was about purple-coloured fruit and vegies.

"Anthocyanins are flavonoids in fruits and vegetables that render them vivid red to blue. It has been suggested that anthocyanins possess anti-inflammatory and anti-carcinogenic activity, cardiovascular disease prevention, obesity control, and diabetes alleviation properties, all of which are more or less associated with their potent antioxidant property."

After the talk, Christine Godfrey, Pat Thiel and Gerson Robles demonstrated their dishes. Baked Tomato and Tofu Entre, French Lentil Soup and Creamy Potato Bites. The food was very delicious and well presented, and we had very positive feedback from our visitors.

Cooking demonstrations are a great way to build relationships with people in our communities, and we hope to run them more regularly.

~ Gerson Robles







For more photos [www.sdarm.org.au/?p=11478](http://www.sdarm.org.au/?p=11478)

Photos courtesy of Gerson Robles

# Guildford Church Visitor's Day

**May 14<sup>th</sup> 2016**

Guildford Church members decided to run a visitor's day at church on this particular Sabbath. Invitations were printed, and visitors' packs were made. The choir prepared 3 special hymns for the day, and members and friends invited various contacts to come along and fellowship with us.



After a very interactive adult Sabbath School lesson where we enjoyed discussing on the topic Incarnation of Christ, the Youth Explorer class presented a special praise item entitled, "My Tribute" together with Hayden Wiseman on the violin and Gerson Robles on the guitar. The words to this hymn are absolutely beautiful, and everyone was blessed as we praised the Lord.

During Divine Service, Guildford Church Choir sang two hymns, "For the Beauty of the Earth" and "Wonderful Grace of Jesus". Luke Kneebone then spoke on the subject of "Redemption's Mystery Revealed". Showing how redemption was revealed in symbols, prophecies and object lessons since creation and throughout history, Luke then focused on how the good tidings of salvation were clouded in mystery at the first advent of Jesus and how the Lord did then open up the understanding of the disciples after the resurrection and they were able to see clearly the greatest mystery ever revealed to the human race. Our hearts did thrill as we saw how the mystery of redemption will blaze in full glory, when finally each one of God's people will shine forth Christ from within – as it is written, "Christ in you, the hope of glory." The mystery of redemption will then be known throughout the length and breadth of the globe.

After enjoying a delicious vegan lunch and social interaction with our visitors, we ran a short afternoon program on the subject of "Maintaining Optimum Health". An SDA Pastor and his wife were among our visitors, and he was asked if he would like to share anything prior to the meeting. He spoke of some interesting research done by a man named Dan Buetneer who set out to discover why populations in five key areas around the globe lived longer than every other people around the world. What he found ties in very much with the light God has given us in regards to health reform.

The Lord blessed us with a good amount of visitors; and although we should be inviting people to come along each Sabbath, it was good to have a special program just for visitors. We'll definitely do it again.



## Amariah's Experience



### God is always in control!

*"Blessed be the LORD: for he hath shewed me his marvellous kindness in a strong city"* – Psalm 31:21. This psalm proclaims a personal truth for me, for God has surely revealed his marvellous kindness in my life! This is what the Lord has done for me.

Just over two months ago I began experiencing severe and seemingly unexplainable abdominal pains. I had experienced similar pains prior, however they were never as prominent or recurring as what I was now experiencing. Due to the nature of the pain, I was frequently in hospital where efforts were taken to try and diagnose the cause. I was finally referred by our family doctor for an ultrasound where I was diagnosed with multiple gallstones. This discovery shocked everyone, including various medical staff, as there was no logical explanation for why I could have them; however, that was the case, and now we needed to focus on what was to be done next. I was in conflict as to whether or not I should use natural remedies or undergo surgery as recommended, as there were a number of various factors involved that I needed to

consider. I immediately changed my diet and decided to have surgery. Looking back at this decision, I praise the Lord for His guidance, as unbeknown to me and other medical staff, my gallbladder had become inflamed and infected.

The next challenge we were to face was finding a surgeon. The Lord knew our situation, and we prayed that He would provide and He did. He provided in such a way that we didn't even need to search for a surgeon. My surgery was scheduled for the 13<sup>th</sup> of June. This was still quite a wait; however, I knew that it was the earliest surgery I could obtain. I was informed that I would be notified if an earlier operation was made available. During the weeks that followed I experienced a number of severe gallbladder attacks that took me at least one week to recover from each time. This was devastating as I was unable to work, attend university or work on my assignments. At this point I was really praying that God would provide me with an earlier surgery, and He did. Continuously, prayers were being answered! I was now scheduled for surgery on the 20<sup>th</sup> of May.

The day of my surgery finally came around, and all appeared to go well. However, during the night that followed my surgery, I was experiencing a lot of pain, more than usual for the type of surgery I had. The following morning, I was unable to stand or walk as I was constantly feeling dizzy and fainting. I was then assessed by the medical team at Bentley hospital and was immediately transferred to Fiona Stanley hospital for another emergency operation as I was discovered to be bleeding internally. Again I want to praise the Lord for His dealing in this situation. The day of my operation, I met with a particular nurse for a pre-assessment before entering surgery. The nurse, however, had finished her shift when I came out of surgery, and I did not see her again. I praise God that the following morning this nurse was working again as she was the nurse who suspected that something was very wrong because she had seen me before the operation and could notice the drastic change. I believe that God was working right from the beginning

because had I not seen that nurse earlier or had she not been working the following day, I am at a loss as to what could have happened; things could have been much worse than they already were.

At Fiona Stanley hospital I was assessed and admitted for surgery. This operation was to find and stop the bleeding site and drain all the blood I had already lost. The operation lasted six hours. I lost two litres of blood and needed five blood transfusions to begin recovering safely. The days following were hard and recovery slow. I was suspected of still having some gallstones trapped in one of my ducts and if so would need to have another procedure done to remove them. To determine this, I had an MRI, and I thank God that all was clear! I was eventually released from hospital and resumed recovery at home.

This experience was a scary one, but I know that God saved my life, and I know that He can work good from these circumstances, and He already has. Throughout my recovery I was informed of the many people and churches throughout the world praying for me. I was completely overwhelmed and touched by the support and prayers ascending up to God on my behalf. An experience was shared where some people felt impressed to begin praying for me the day of my operation without actually realising what was happening. Prayer chains were started up in my father's country, Seychelles; prayer groups commenced all through Australia, and even individuals who professed no faith began to pray! This was wondrously amazing; and if this was the outcome of me enduring all that I did, if so many people were brought together in unity and if others began to pray for the first time, then it was all worth it!

Things often happen in life that we cannot explain or that appear so terrible, but the blessing is that God is there to hear us when we call and to help us. God works miracles, and I know that He worked a miracle in my life! Without Him I may not have been here today to share this experience of deliverance with you all, and that is scary. Please remember that no matter what happens, God is there and He always has a plan. We cannot see what lies ahead, but He can, so put your trust and your faith completely in Him and He will deliver!

*"Into thine hand I commit my spirit: thou hast redeemed me, O LORD God of truth."* ~ Psalm 31:5

*"O love the LORD, all ye his saints: for the LORD preserveth the faithful, and plentifully rewardeth the proud doer. Be of good courage, and he shall strengthen your heart, all ye that hope in the LORD."* ~ Psalm 31:23, 24

## Letter of Thanks

To those who knew me and prayed, and to those who did not know me and still prayed!

I have been through twenty years of my life and never once did I imagine that something this extreme could have happened to me. I have often felt and prayed for individuals and families who have been through trying circumstances, but neglected to see the reality of the words 'it can happen to anyone'. I believe that we readily get absorbed and caught up in the world around us and the disguised beauties it offers; we continue living as though we still have tomorrow. I cannot express enough the falsity of this claim. We cannot keep living this way. We don't have tomorrow; we only have today, this moment. My experience has really taught me that things can change in the blink of an eye, when we least expect them to, and how important it is that we are ready at any moment.

Words cannot express the depth of my gratitude for all your thoughts and prayers; I have been overwhelmed by all the support. I believe that it is only by the grace of God that I am still here today and want to give praise and thanks to God for His boundless mercy towards me and my family. I want to encourage everyone to continue praying to God, to continue pleading with Him and to continue offering



requests and prayers of thanksgiving; God does hear, and He does answer. My life today is a gift from God and an answer to prayer.

Psalm 20 holds the miracle and promise that I believe was worked in my life through Christ Jesus –

*“The LORD hear thee in the day of trouble; the name of the God of Jacob defend thee; Send thee help from the sanctuary, and strengthen thee out of Zion; Remember all thy offerings, and accept thy burnt sacrifice; Selah. Grant thee according to thine own heart, and fulfil all thy counsel. We will rejoice in thy salvation, and in the name of our God we will set up our banners: the LORD fulfil all thy petitions. Now know I that the LORD saveth his anointed; he will hear him from his holy heaven with the saving strength of his right hand. Some trust in chariots, and some in horses: but we will remember the name of the LORD our God. They are brought down and fallen: but we are risen, and stand upright. Save, LORD: let the king hear us when we call.”*

It is often difficult to see the good in tribulations, but I believe that God will use this experience to His glory and that good will come of it; whether we see this now or in the future, God is in control of all. Life is so fragile and short, but most of all it is a gift, and it is my prayer that we will use this gift to glorify God in every moment that we live. Continue living in the faith of Jesus!

Yours in Christ Jesus,  
Amariah Payet

*“The LORD hath heard my supplication; the LORD will receive my prayer.” Psalm 6:9*

*“Blessed be the LORD God of Israel from everlasting to everlasting: and let all the people say, Amen. Praise ye the LORD.” Psalm 106:48*

## Community Health Education in Victoria

### Cooking Demonstrations

Cooking demonstrations in Victoria are ongoing. Each month there are two events:

- In Sunbury on the 2nd Thursday of the month
- In Shepparton on the 4th Wednesday of the month

Along with the cooking demonstrations, attendees get health tips and useful information regarding the recipes and ingredients being demonstrated.

You can find more information online for the Sunbury event here, including recipes previously demonstrated:

- <http://www.vegetarian-vegan.com.au/>
- <https://www.facebook.com/VegetarianVegan>



## Outreach in South Australia



### WE LOVE TO SING HYMNS – 7 May 2016

Our little church here in Adelaide love to sing hymns and approximately once every two months (sometimes more often) we present a small selection of hymns to various Nursing Homes in and around Adelaide.

Last Sabbath was no exception, and the residents were very happy by the look of ecstasy on one old man's face as he lay back in his 'comfy chair'.

It has been a struggle, but we are trying desperately to 'time it right' so that we arrive 'on time' at the nursing homes we visit, as it is usually difficult to space our visits with our lunch-time programs.

Other difficulties we have is receiving messages correctly within the nursing home so residents are prepared and an instrument is available, usually a piano. We visited Wynwood Nursing Home in Norwood, which turned out to be a converted old house, and we were a little disappointed with the small number of guests (about 8) ready and sitting in the 'Lounge'. We were told that no message had been passed on, otherwise the guests would have been placed in the dining area with a lovely piano to accompany us; nevertheless, the staff told us we were welcome to present without music. I promptly rung





Kaylene, who said Alecia had her violin and that we could sing along with her, so, thank you Alecia; our first 'Acappella' (almost) presentation. We had about 24 singers including 9 children, and so we more than doubled our audience, yet the positive response from the appreciative expressions both from our immediate audience and those looking in from the hallway, helped our hearts to sing along with the 'Lord's Music'. Trevor, one of our leading brethren, had encouraged us to present hymns that would most likely be well-known favourites. This turned out to be a blessing on two accounts. Without knowing it, hymns chosen for the day turned out to be some of our own members most 'touching' hymns, ('Face to Face') so proving that our Lord was in charge of all the proceedings for the day.

May all our church groups around the country experience the joy of singing together for 'the secular world' in some form or another; and as we do so more regularly, it will draw our members together in greater bonds of unity in readiness for the 'United Loud Cry message' 'Come out from the Mixed-up World – Join the Little Company of those who love God's Commandments and His Truth!'



We followed the singing with an easy and relaxed social evening back at the church for closing of Sabbath, light meal and open fellowship – a lovely and productive Sabbath!

Gary Southwell  
Social Correspondent  
SA Field

## Condolences – Durham Family

We extend our condolences to the family of Brother Keith Durham. May God comfort each one of you.

*"And I heard a voice from heaven saying unto me, Write, Blessed are the dead which die in the Lord from henceforth: Yea, saith the Spirit, that they may rest from their labours; and their works do follow them."*  
Revelation 14:13.

*"But I would not have you to be ignorant, brethren, concerning them which are asleep, that ye sorrow not, even as others which have no hope. For if we believe that Jesus died and rose again, even so them also which sleep in Jesus will God bring with him. For this we say unto you by the word of the Lord, that we which are alive and remain unto the coming of the Lord shall not prevent them which are asleep. For the Lord himself shall descend from heaven with a shout, with the voice of the archangel, and with the trump of God: and the dead in Christ shall rise first: Then we which are alive and remain shall be caught up together with them in the clouds to meet the Lord in the air: and so shall we ever be with the Lord. Wherefore comfort one another with these words."* 1 Thessalonians 4:13-18



## In Remembrance of Keith Durham

With sad hearts, family and friends of the late Brother Keith Durham attended a Service of Thanksgiving held at the SDA Church in Wagga Wagga on Wednesday, 4 May 2016. Br Keith was born in 1933 and bred in the Western New South Wales district of Temora. He spent most of his younger life on the farm, as well as being a champion shearer.

In the year 1960, Keith chose to travel the world on a shoe-string budget and worked his way through England and Africa. After twelve months away, he was happy to return to his girlfriend. Keith had waited almost 5 years for June to reach the mature age of 21. Keith and June attended the local Lutheran Church and had a strong faith in God. Five

children were welcomed into the family. They are all thankful for loving parents who taught them to fear God and love God's Word. In 1981, Keith and June moved into Wagga Wagga where they could be closer to their grown family. Keith took on the business of carpet cleaning, which he worked at for over 20 years. Keith was a keen gardener and especially loved to grow his favourite flowers – red roses. These were often picked and brought into the house as a token of his love and appreciation for his wife.

Due to Keith's keen interest in Bible study, he found his way to the Seventh Day Adventist Reform Church. He was baptised in 1994 and was a very faithful member of the Uranquinty Church. He willingly gave of his own time to do maintenance each week to the church and church grounds. He also accepted to conduct the Sabbath School and Divine Services for many years as there were not many to fill these roles in a small church. Keith loved reading and books and also organised the Uranquinty Church Library.

Keith developed a serious heart condition last year and knew his time was short.

A series of heart attacks in April weakened Keith until he passed away on Thursday, 28 April, 2016. We thank God for Keith's faithfulness and trust his influence will live on. We look forward to meeting Keith on the resurrection morning when Jesus comes to claim His own.



~ Remembered by Mary Wiseman

# Mind, Body and Soul Health Seminar

**Sunday May 1, & Saturday May 7, 2016**

Schofields Church ran a series of health presentations during the beginning of May. Here is a list of the topics covered during that seminar:

## **Sunday, May 1**

*Speaker: Dr Robert Gan – The Science of Emotions*

There are many physiological effects that the body has on the mind and the mind on the body. We found out what is the scientific link between this mysterious connection and how it can affect your health.

*Speaker: Amos Thiel – Emotional Dashboard*

How can we view negative emotions in a different way that will actually help us regain our health again? Each situation presents positive and negative emotions. We have a choice; which will we let overrule our body? By focusing on the positive rather than the negative, we will help to regain a healthy body.

## **Saturday, May 7**

*Domenic Polistina – The Pursuit of Happiness*

As we live this life we often find ourselves dealing with emotions such as guilt, hate, depression, etc. What is the answer? This lecture can be viewed on YouTube:

<https://www.youtube.com/watch?v=g4VA5QJxDnA&feature=share>

*Elisabeth Balarezo – Habits of Right Thinking*



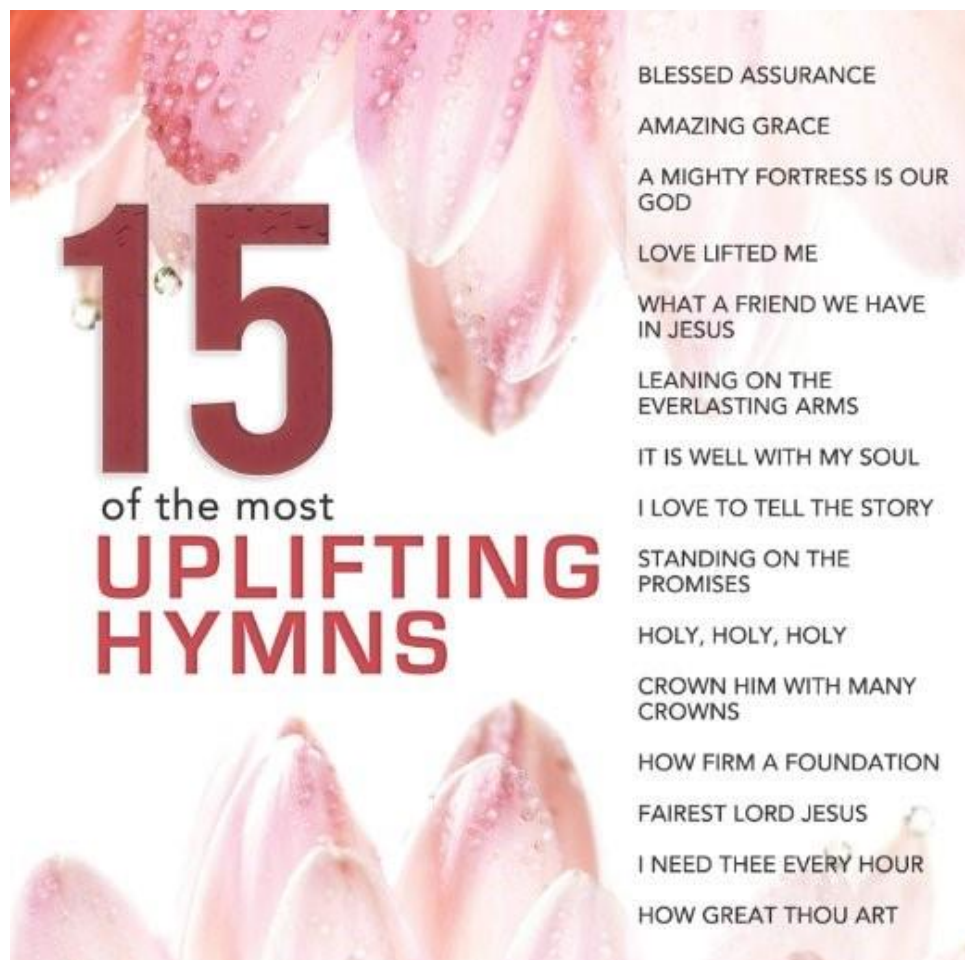
In this workshop Elisabeth Balarezo showed some practical examples on how we can respond in a negative way to situations in everyday life and how this affects us. She also shared some practical tools to help us think positively, stop living under the gloomy clouds of negative thoughts and start living in the sunshine of right thinking. This lecture can be viewed on YouTube:

<https://www.youtube.com/watch?v=g4VA5QJxDnA&feature=share>





## **15 Of The Most Uplifting Hymns CD**



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PO Box 132

Riverstone NSW 2765

Phone: 02 9627 7553

Email: [info@rlpa.org.au](mailto:info@rlpa.org.au)

## Coming Events Calendar

- 26-28 August 2016**      **Women's Camp – WA**  
*For further information, email:*  
Catherine Robles [cathrobles@gmail.com](mailto:cathrobles@gmail.com)
- 9-11 September 2016**      **Queensland Spiritual Conference**  
Baden Powell Park, Samford  
*For further information, email:* [benthie1@sdarm.org.au](mailto:benthie1@sdarm.org.au)  
*Call +61 7 3862 4803*
- 12-19 December 2016**      **South Pacific Union Mission Youth Convention**  
**Fiji**  
*Save the date, further information coming soon!*
- 28 Dec 16 – 1 Jan 2017**      **AUC Spiritual Conference**  
*For further information, email:*  
SDARM: [info@sdarm.org.au](mailto:info@sdarm.org.au)  
*Phone: +61 2 9627 7553*
- 2-5 January 2017**      **Summer School**  
**Elim Heights Youth Camp**  
*For further information, email:*  
Deborah Chapman [education@sdarm.org.au](mailto:education@sdarm.org.au)  
*Phone: +61 2 9627 7553*

## GOOD TIDINGS E-NEWS

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PO Box 132, Riverstone NSW 2765, Australia

Tel: (02) 9627 7553

Email: [goodtidings@sdarm.org.au](mailto:goodtidings@sdarm.org.au)

Web: [www.sdarm.org.au](http://www.sdarm.org.au)

Editor: Paul Chapman

Associate Editor: Lidia Voncina

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